

Whole Body Listening



curiosity

used to think carefully about what I am hearing.



hands

are kept still so that nobody is distracted from listening.



eyes

used to look at the person who is speaking.



ears 

used to listen to the important words that the speaker has to share.

lips 

used to share ideas with others when the speaker is finished.

heart 

used to care about what the other person is saying.

feet 

are still so that I can concentrate on what I'm hearing.



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